

# January Lunch Menu 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lunch Meals include Milk Salad Bar Fruit	1 New Year's Day No School	2 No School	3 Chicken Nuggets or Chicken Sandwich, Buttered Pasta, Peas, Fruit	4 Cheeseburger or PBJ Chips, Baked Beans Fruit	5
6	7 Chicken Fajita or Ham Sandwich, Cinn/Sugar Rice, Peas Peaches	8 Spaghetti or Turkey Wrap, Corn, Bread Sticks, Mandarin Oranges	9 Hot Ham & Cheese or Sub Sandwiches, Mixed Veggies, Knoephla Soup, Applesauce	10 Chicken Tidbits or Cheese Sandwich, Mashed Potatoes, Dinner Roll, Peas, Pears	11 Super Nachos or Tuna Salad Sandwich, Cheesy Bread, Mixed Veggies, Baked Beans, Fruit Cup	12
13	14 Macaroni Hotdish or Turkey/Ham Club, Corn Bread Sticks, Mixed Fruit	15 Ham Slice or PBJ Scalloped Potatoes, Bread Slice Pears	16 Sub Sandwiches or Egg Salad Sandwich, Fresh Veggies, Peaches Chicken Noodle Soup	17 Turkey/Gravy or Ham Sandwich, Mashed Potatoes, Green Beans, Break Slice, Strawberries	18 Pulled Pork or Grilled Chicken Wrap, Cole Slaw, Chips, Baked Beans Fruit Cup	19
20	21 Tater Tot Supreme or Ham Salad Sandwich Breadsticks, Mixed Fruit, Cauliflower	22 Pizza or Cheese Sandwich French Fries, Baked Beans Blueberries	23 Grilled Chicken Sandwich or Chef Salad Mixed Veggies, Knoephla Soup Mandarin Oranges	24 Hamburger/Gravy or PBJ, Mashed Potatoes, Green Beans, Applesauce Bread Slice	25 Sweet/Sour Chicken or Ham/cheese Wrap Rice, Peas Pineapple	26
27	28 Sloppy Joe or PBJ Chips Fresh Veggies Baked Beans Peaches	29 Chicken Rice Hotdish or Sub Wrap, Dinner Roll, Green Beans, Mixed Berries	30 Grilled Cheese Sandwich or Ham Sandwich, ½ Banana, Fresh Veggies, Tomato Soup	31 Taco in a Bag or Turkey Sandwich Fresh Veggies Fruit Cup	Feb. 1 Teriyaki Chicken or Egg Salad Sandwich Rice, Peas Bread Slice Fruit Cup	